Super Meet 2005

We ran like champions yesterday. Cedar Falls, West, Kennedy and Xavier threw everything they had at us. The Fresh/Soph ran against girls that would have been 5th varsity runners from Wahlert and Washington and faced a very good Cedar Falls team and prevailed getting us off to a great start. The JV completely dominated a field of 149 runners taking 5 of the first 7 spots and the Varsity shook off the rust and set aside aches and pains to defeat their toughest Iowa competition this year. The cold wind that Cedar Falls felt wasn't just out of the northwest, it was the red of City High whooshing by them through the middle and latter portions of all three races. Congratulations girls on a job well done. Below you can compare your times to our other two Noelridge races.

Pl	*Varsity*	*Super*	*EIC*	*CRI*	Pl	*Fresh/Soph*	*Super*	*EIC*	*CRI*
4	**Dlhy, Brittany**	15:00	14:42	15:04	4	**Harris, Mercedes**	**16:30***	17:01	17:35
8	**Sidwell, Samantha**	15:18	15:20	15:08	5	**McFarland, Lindsay**	**16:31***	16:49	17:12
14	**McKay, Annie**	**15:28SB**	15:47	15:57	9	Kregel, Hannah	**16:40***	17:03	17:31
17	**Hart, Kelsey**	15:32	15:44	15:30	16	Adderley, Eva	**17:01S**	17:03	18:07
20	**McCue , Tamika**	15:40	15:47	16:02	18	Smith, Megan	17:07	17:15	17:52
26	**Foreman, Drew**	15:53	16:04	16:29	25	Libby Randleman	**17:20***	18:09	
39	**Garcia, Claudia**	16:06	15:50	15:58	32	Fleener, Lauren	**17:37***	18:01	18:19
	Juniors Varsity				33	Henson, Megan	17:40	17:34	18:19
1	**Diggelmann, Lindsey**	**16:02S**	16:31	17:10	87	Moen, Elaine	**17:48***		
2	**Anciaux, Clair**	16:04	16:06	16:25	90	Bricker, Alina	**17:50***	18:02	19:09
4	**Mims, Kelsey**	16:25	16:44	17:13	91	Pham, An	**18:00S**	18:14	19:07
5	**Ziegenhorn, Sarah**	16:28	16:18	16:38	93	Meyer, Leslie	**18:02***	18:41	
7	Funk, Emily	16:41	16:29	16:42	105	Paulson, Claire	**18:24***	18:36	19:35
12	Zimmerman, Nicki	17:00	16:40	17:09	111	Triplett, Melissa	18:58	18:55	19:51
16	Wiegert, Krista	**17:09***	17:35	17:37	117	Fuller, Libby	19:25	19:27	20:34
20	Schallau, Tiffany	**17:15***	17:36	18:12	123	McDonough, Steph	19:33	18:55	20:33
23	Sabers, Molly	**17:27S**		17:44	130	Gelder, Kristi	**19:45***	20:22	21:30
25	Mills, Caroline	17:30	17:46	18:03	133	Schallau, Emily	**19:50***	20:22	21:30
27	Bross, Kera	17:37	17:51	18:09	137	Rodriguez, Destiny	**20:12***	21:04	22:16
33	Robison, Jessie	17:51	17:59	18:38					
36	Lawry, Molly	17:52	17:55						
41	Shortt, Chelsee	**17:57***	18:12	18:20					
47	Skay, Jessica	18:10	18:02	18:17					
49	Olson, Anna	18:12	18:12	19:12					
57	Horras, Kylie	18:27	18:08						
79	Dobrian, Kasia	19:11		19:14					
80	Fredericks, Libby	19:11	19:25	20:17					
83	Cmiel, Cordie	19:13	19:11	20:16					
105	Minchk, Laura	**19:52***	20:22	20:59					
107	Plaugher, Lucy	19:58	19:54	20:46					
108	Hugill, Clara	**20:00S**	20:30	21:05					
120	Uhde, Kaitlyn	20:45	20:30	21:05					
121	Roush, Elsabeth	20:51	20:50	21:15					
142	Wasserman, Lara	**22:22***							

Bold Name=Varsity Credit ***=PR**
S=Season's Best

Varsity (81-4)	**F/S**	**(42-0)**
CHS 63	**CHS**	**52**
Cedar Falls 73	C F	61
Kennedy 80	West	76
West and Xavier 87	9	others
8 others	**149**	runners
149 runners		

JV (54-0)
CHS 19
West 71
Cedar Falls 82
Wahlert 128
6 others
149 runners