

Varsity Point	2019 Results	TT	IMS	PV	Luther	Heartland	E Iowa	Bud Williams	MVC Super	MVC Div	State Qualifier	2019 PR	State	
5 Needed	For Var Ltr	Ashton	HS	Crow Creek	Decorah	Pella	Noelridge	Ashton	Kickers	Ashton	CF Birdsall		FD	
				15 NEW PRs	39 NEW PRs	12 PRs	35 PRs	52PRs	2PRs	52PRs				
Ford	Washburn	19:21	19:08	18:38	17:37	17:38	17:33	17:18	17:19	16:30	16:36	16:10	16:10	-20
Mitchell	Wilkes	17:36	DNS	17:22	17:23	17:28	17:28	16:55	17:20	16:31	17:16	16:31		
Truman	Thompson	18:43	19:33	17:56	16:57	18:25	17:13	17:04	18:33	16:49.7	17:33	16:49		
Lance	Smith	17:40	DNS	17:26	16:58	17:27	17:00	16:57	17:39	16:49.9	17:22	16:49		
Evan	McElroy	18:29	18:23	17:42	17:09	17:29	17:45	17:11	17:37	16:57	17:23	16:57		
Parker	Max	17:54	DNS	17:30	17:15	17:52	17:20	17:04	17:46	17:05	17:42	17:04		
Sullivan	Hall	18:05	DNS	18:18	17:54	17:58	17:20	17:05	17:57	17:06	17:34	17:05		
Elliot	Dunnwald	17:59	DNS	17:34	17:20	17:37	17:19	17:21	17:51	17:08.0		17:08		
Caden	Turnbough	18:02	DNS	17:58	DNS	18:38	18:11	17:28	18:30	17:08.7		16:21		
Andre	Miller	19:14	19:52	18:47	17:51	18:01	18:01	17:39	18:37	17:09		17:09		
Joe	Fischer	18:49	18:47	18:06	17:24	18:07	17:19	17:31	18:35	17:24		17:19		
Lohman	Provorse	18:16	DNS	18:29	17:27	18:26	17:34	17:14	17:40	17:30		17:14		
Eddie	Garces	DNS	DNS	DNS	17:59	17:57	17:41	DNR	18:12	17:32		17:32		
Braeden	Marker	19:53	20:01	19:05	18:13	18:51	19:00	18:11	18:44	17:34		17:34		
Matt	Taylor	19:46	18:44	18:21	DNS	19:11	DNR	18:03	19:11	17:47		17:07		
Hayden	Beerends	19:33	20:41	19:28	18:57	19:24	18:27	18:12	19:09	17:49		17:49		
Ammon	Smith	19:29	20:48	DNS	DNS	19:59	18:44	17:50	19:27	17:51		17:50		
Sam	Schaefer	19:47	20:13	18:40	DNS	19:08	18:51.3	18:29	18:31	17:58		17:58		
Matt	Schaeckenbach	18:51	19:30	DNS	17:50	18:17	17:36	17:52	19:02	18:00		17:36		
Noah	Carey	20:03	21:03	20:30	19:56	19:51	19:11	18:34	19:02	18:01		18:01		
Satchel	Cochran	19:57	19:48	19:47	18:54	19:32	19:09	18:34	19:19	18:19		18:19		
Ayman	Noredaim	21:06	21:47	20:13	19:06	19:33	19:14	19:08	19:07	18:20		19:06		
Isaac	Miller	21:05	21:40	20:20	19:22	19:44	18:51	18:15	19:08	18:24		18:15		
Luis	Hinkhouse	20:26	20:59	19:28	DNS	DNS	DNR	18:34	19:21	18:25		18:25		
Liam	Barron	19:03	20:13	DNS	DNS	19:31	20:12	DNR	20:27	18:26		18:26		
Elliot	Tomek	20:34	DNS	19:49	DNS	DNS	20:05	DNR	20:31	18:33		18:33		
Noah	Weaver	DNS	19:03	18:31	18:09	19:00	18:33	18:42	20:02	18:33.7		18:09		
Romey	Angerer Sueppel	21:12	22:43	20:41	20:10	DNS	20:00	19:08	20:10	18:37		19:08		
Kelby	Anderson	20:48	20:54	20:16	19:35	20:25	19:18	18:58	20:52	18:45		18:45		
Jeremiah	Pruessner	20:54	21:10	DNF	19:28	INJ	19:32	19:06	19:37	18:46		18:46		
Pit	Wrede	23:19	22:45	21:27	20:24	20:04	19:59	19:02	19:37	18:52		18:52		
Quinter	Harvey	20:59	20:49	DNS	DNS	20:15	19:32	DNR	DNR	18:52		18:52		
Oliver	Palmer	20:56	21:30	19:56	DNS	DNS	19:33	DNR	DNR	18:53		18:53		
Rigby	Templeman	23:44	22:30	22:03	DNS	21:29	20:31	19:49	20:23	19:15		19:15		
Mike	Rew	21:01	21:55	21:39	20:14	20:01	20:40	19:47	20:25	19:26		19:26		
Whit	Jury	21:45	22:31	20:57	20:49	22:42	21:12	19:40	20:30	19:27		19:27		
Owen	VanderLinden	20:27	21:40	20:41	19:39	20:27	19:49	19:29	20:03	19:28		19:28		
Jack	Cochran	20:24	21:14	20:16	19:49	19:52	19:47	DNR	20:02	19:32		19:23		
Atticus	Ojile	21:31	22:51	DNS	20:14	sick	20:37	20:19	20:53	19:34		18:29		
Iain	Garfinkel	22:17	22:23	22:21	20:51	DNS	20:47.4	19:56	20:45	19:38		19:38		
Philip	MacGillivray	22:08	21:38	20:57	DNS	21:22	20:05	19:59	21:00	19:39		19:39		
Luis	Abreu	21:38	22:29	21:15	20:22	21:42	20:59	20:00	21:23	19:40		19:40		
AJ	Seamans	21:12	22:02	20:36	20:00	21:08	20:11	19:51	21:00	19:42		19:42		
Rhys	Zawojewski	21:29	DNS	21:11	20:27	22:01	20:47	19:48	20:38	19:45		19:45		
Thomas	McMillan	DNS	DNS	DNS	20:08	21:01	20:06	19:39	20:48	19:52.1		18:24		
Oisin	Leopold	21:56	23:06	DNS	20:43	22:02	19:58	19:40	21:28	19:52.7		19:40		
Juma	Amisi	21:55	21:19	20:13	19:29	19:44	DNR	19:31	22:19	19:56		19:29		
Chase	Loftus	23:04	21:51	21:12	DNS	21:01	20:47	19:54	20:31	19:57		19:54		
Aidan	Spurgetis	24:03	22:40	23:18	DNS	23:30	20:55	21:03	21:17	20:03		20:03		
Ben	Horwitz	21:45	DNS	DNS	21:10	sick	20:52	20:04	21:10	20:13		20:04		
Matt	Rew	21:00	22:10	20:48	21:01	21:51	20:22	20:38	22:01	20:18		19:07		
William	Dickson	22:39	22:54	DNS	20:33	21:25	21:01	20:29	21:17	20:22		20:22		
Ryan	Carter	22:49	23:04	22:2	21:14	22:31	21:04	20:44	22:10	20:29		19:52		
Sokong	Chea	DNS	DNS	22:42	DNS	DNS	DNR	20:51	21:29	20:30		20:30		
Hal	Seamans	23:22	23:39	22:1lr+probat	21:41	22:10	21:23	20:41	21:24	20:41		20:41		
Eliott	Lewis	25:18	24:31	DNS	DNS	DNS	22:11	21:32	22:07	20:47		20:47		
Will	Arling	22:38	23:07	22:02	21:12	22:16	21:49	21:29	22:08	20:48		20:48		
Andrew	Herreweyers	24:28	23:13	22:52	DNS	23:00	22:29	DNR	21:32	20:50.4		20:50		
Jonas	Ackerman	27:26	DNS	DNS	DNS	23:37	21:54	21:33	22:21	20:50.8		20:50		
Sam	Hagedorn	23:23	25:40	23:16	DNS	22:39	21:54	21:37	21:50	20:50.9		20:50		
Tommy	Le	23:39	24:36	23:50	22:50	24:09	22:20	21:38	22:26	21:04		21:04		
Kyle	McDowell	23:05	23:12	DNS	22:42	DNS	21:53	21:30	23:12	21:23		21:23		
Patrick	Sarsfield	23:59	DNS	DNS	23:01	24:38	22:37	21:42	DNR	22:00.7		21:42		
Connor	McDowell	25:25	DNS	DNS	DNS	25:20	23:03	22:39	23:59	22:00.9		22:00		
Max	Stelzer	25:22	DNS	DNS	DNS	25:03	23:58	23:22	23:31	22:06		22:06		
Henry	Schoon	28:45	25:22	25:58	25:41	26:24	23:52	21:42	23:21	22:08		21:42		
Kent	Zdan	27:15	27:37	24:28	DNS	25:48	24:07	23:34	23:51	22:34		22:34		
Sean	Reardon	31:16	DNS	DNS	DNS	DNS	DNR	25:22	27:03	22:41	????	25:22		

Henry	Cooper	22:42	23:16	23:12	22:56	24:04	DNR	DNR	DNR	22:44			22:27		
Jack	Ayers	27:27	DNS	DNS	24:02	25:07	25:19	22:48	24:00	22:53			22:48		
Noah	Hartwig	25:33	26:11	25:30	DNS	25:33	25:26	24:13	25:54	23:01			23:01		
Ibrahim	Shaheen	26:39	DNS	DNS	DNS	26:39	26:09	DNR	DNR	23:12			23:12		
Demetrious	Littlemoon	22:50	26:04	DNS	22:05	DNS	DNR	DNR	23:17	23:39			19:23		
Hassan	Keita	28:11	29:50	29:47	25:53	27:33	24:34	23:40	24:16	23:40			23:40		
Alex	Escorcica	28:34	DNS	DNS	24:25	DNS	25:10	23:37	24:39	24:40			23:37		
Brom	Leopold	31:20	DNS	DNS	27:09	29:04	27:16	27:07	26:32	25:59			25:59		
Ben	Cleveland	DNS	DNS	DNS	DNS	DNS	DNR	25:52	DNR	26:09			25:52		
Derek	Lewis	24:39	25:47	25:16	DNS	24:45	23:15	22:25	23:36	DNR			22:25		
Sam	Horowitz	22:36	22:32	20:57	DNS	21:16	20:34	19:58	DNR	DNR			19:58		
Sean	Forner	24:48	24:16	23:23	22:56	24:41	22:16	22:29	DNR	DNR			22:16		
Kyden	Hotka	DNS	19:55	DNS	DNS	19:26	18:39	DNR	DNR	DNR			17:40		
Sebastian	Loria-Eivins	19:49	DNS	DNS	19:22	19:42	DNR	DNR	DNR	DNR			19:22		
Griffin	Roach	DNS	DNS	DNS	DNS	DNS	DNR	DNR	DNR	DNR			20:22		
Ryan	Ott	DNS	DNS	DNS	18:28	DNS	DNR	DNR	DNR	DNR			18:28		
Sumner	Codd	19:00	DNS	DNS	DNS	DNS	DNR	DNR	DNR	DNR			19:32		
Soren	Ostby	DNS	DNS	DNS	DNS	DNS	DNR	DNR	DNR	DNR			18:33		
Daniel	Marchini	DNS	DNS	DNS	DNS	DNS	DNR	DNR	DNR	DNR			18:47		
Ethan	Hudson	DNS	DNS	DNS	DNS	DNS	DNR	DNR	DNR	DNR			20:29		