

2021		Time Trial	Time Trial	Time Trial		Time Trial	ICWEST	PV	CR	Heartland	E Iowa	Griak	Bud Williams	MVC Super	MVC Div	District	STATE		2021 PR		
NEW PR		track	track	7Sisters		Kickers	Kickers	Crow Ck	Seminole	Pella	Seminole	U of Minn	Kickers	Waterloo	Cedar Falls	PV Crow Ck	Ft Dodge				
Varsity Point	time in red	June 23	July 14	Aug 11		Aug 21	Aug 26	Sep 4	Sep 9	Sep 18	Sep 23	Sep 24	Sep 30	Oct 7	Oct 14	Oct 20	Oct 29			2021 PR	
5 Needed	For Var Ltr	1mi	1mi	2mi	5K PR	3.17						3.24	3.17	3.12	3.16					2021 PR	
Ford	Washburn	4:34	4:26	12:35	16:10	16:55	CANCEL	16:39	15:27	15:57		16:33	16:31	15:29	16:03	16:06	15:32		15:27	Ford	Washburn
Ammon	Smith	4:50	4:52	DNR	16:33	17:51		17:38	16:25	16:51		17:24	17:31	16:06	16:36	16:57	16:06	tied PR	16:06	Ammon	Smith
Elliot	Dunnwald	oot	oot	DNR	17:08	DNR		DNR	DNR	DNR	DNR		17:23	16:19	16:44	16:49	16:14		16:14	Elliot	Dunnwald
Noah	Carey	ab	4:52	12:06	16:54	17:24		16:56	16:18	16:47		17:31	17:22	16:15	16:41	16:45	16:34		16:15	Noah	Carey
Truman	Thompson	4:45	4:38	11:40	16:26	17:05		17:56	16:17	18:14		17:26	17:31	16:09	17:05	16:40	16:35		16:09	Truman	Thompson
Sullivan	Hall	5:01	5:01	DNR	17:05	DNR		18:42	17:30	17:42		18:12	17:43	16:46	17:12	17:21	16:56		16:46	Sullivan	Hall
Parker	Max	ab	ab	12:18	17:00	17:19		17:25	16:27	17:05		17:53	17:43	16:45	17:25	17:28	16:58		16:27	Parker	Max
Braeden	Marker	dnf	5:01	13:37	17:34	DNR		17:50	17:28	17:52		18:17	17:40	16:58	17:21				16:56	Braeden	Marker
Owen	VanderLinden	5:24	oot	13:15	19:06	18:45		19:21	17:58	18:24		20:33	19:34	18:24	18:03				17:58	Owen	VanderLinden
Owyn	Noble	5:28	5:15	13:13	20:22	18:15		18:39	17:40	17:23		20:38	DNR	DNR	DNR				17:23	Owyn	Noble
Jonas	Ackerman	sick	oot	14:24	19:24	20:29		19:32	18:29	18:58	17:55		19:15	17:49	18:12				17:49	Jonas	Ackerman
Matt	Schaeckenbach	5:11	5:06	13:08	17:36	19:12		DNR	19:11	18:30		19:14	19:12	17:50	18:37				17:36	Matt	Schaeckenbach
Ayman	Noreldaim	5:12	oot	DNR	19:06	20:07		19:26	18:10	18:33	17:55		19:00	17:53	18:13				17:53	Ayman	Noreldaim
Philip	MacGillivray	5:40	5:38	DNR	19:28	19:51		19:29	18:18	19:26	18:11		18:47	18:11	DNR				18:11	Philip	MacGillivray
Sumner	Codd	5:11.5	5:14	13:31	19:06	20:37		19:24	18:06	18:47	18:24		19:26	18:14	18:30				18:06	Sumner	Codd
Lohman	Provorse	ab	5:30	15:53	17:14	19:59		20:01	18:47	19:35	18:16		18:53	18:17	18:05				17:14	Lohman	Provorse
Adam	Bywater	6:07	5:59	DNR	21:47	21:41		20:11	19:02	19:52	18:40		19:16	18:18	19:37				18:18	Adam	Bywater
Tommy	Le	5:44	5:27	14:06	21:04	19:56		20:26	18:58	19:12	18:20		19:25	18:36	19:10				18:20	Tommy	Le
William	Dickson	5:58	5:56	14:22	20:22	20:13		20:19	18:49	19:10	19:21		19:51	18:49	19:23				18:49	William	Dickson
Jonah	Bowen-Burt	5:27	oot	14:43	NA	20:37		25:00	18:54	DNR	DNR		20:27	18:56	19:14				18:54	Jonah	Bowen-Burt
Henry	Schoon	5:21	5:35	14:30	20:50	DNR		20:07	19:25	20:30	19:14		22:10	18:56	19:18				18:56	Henry	Schoon
Rhys	Zawojewski	5:14	5:15	13:43	19:35	19:48		DNR	18:56	19:57	18:17		19:43	19:03	19:46				18:17	Rhys	Zawojewski
Will	Karr	6:57	6:13	16:43	NA	22:05		20:34	20:24	20:54	19:08		19:59	19:03	19:21				19:03	Will	Karr
Ephram	Byler	6:04	6:10	14:45	NA	20:11		20:36	19:16	19:16	18:42		19:43	19:04	19:44				18:42	Ephram	Byler
Adam	Schaefer	ab	6:12	15:48	NA	22:07		20:44	20:45	19:48	19:21		20:48	19:07	19:45				19:07	Adam	Schaefer
Luis	Hinkhouse	6:19	5:55	DNR	18:25	22:04		19:54	19:15	19:46	19:14		19:59	19:08	19:48				19:08	Luis	Hinkhouse
Jack	Degner	6:11	5:59	15:47	NA	DNR		21:04	20:33	DNR	19:36		21:12	19:08	19:55				19:08	Jack	Degner
Iain	Garfinkel	6:10	6:18	15:34	19:38	21:37		20:30	19:39	DNR	18:58		20:14	DNR	19:51				18:58	Iain	Garfinkel
George	Karr	7:05	ab	16:03	NA	22:41		20:06	19:44	19:43	20:48		19:43	19:17	19:17	tied PR			19:17	George	Karr
Ethan	Hill	6:41	6:13	16:14	21:00	21:22		20:45	19:52	19:49	19:33		20:20	19:17	19:59				19:17	Ethan	Hill
Juma	Amisi	oot	NA	DNR	19:17	22:26		20:32	19:12	19:55	19:27		20:47	19:20	20:06				19:12	Juma	Amisi
Dylan	Beerends	6:28	6:17	15:51	NA	22:41		20:43	20:34	20:25	19:37		21:04	19:18	20:00				19:18	Dylan	Beerends
Patrick	Sarsfield	ab	ab	DNR	19:07	21:05		20:16	DNF	19:41	18:50		21:04	19:24	19:36				18:50	Patrick	Sarsfield
Henry	Cooper	5:53	sick	DNR	21:17	21:23		20:43	19:09	20:18	19:27		20:46	19:27	20:56				19:09	Henry	Cooper
Hal	Seamans	5:47	5:51	14:44	20:41	21:15		20:59	19:38	20:04	19:29		20:52	19:38	20:10				19:29	Hal	Seamans
Truman	Bright	7:13	6:38	19:08	21:56	24:45		22:00	21:10	21:25	DNR		21:49	19:41	20:46				19:41	Truman	Bright
Jacob	Rohr	ab	6:03	15:33	21:10	22:39		20:44	20:08	20:28	19:15		21:01	19:53	20:06				19:15	Jacob	Rohr
Owen	Gahn				NA	24:11		21:33	20:53	20:19	20:04		DNR	DNR	DNR				20:04	Owen	Gahn
Brady	Gluba				NA	23:29		21:00	20:49	20:46	19:57		DNR	DNR	20:41				19:57	Brady	Gluba
Lucas	Riley				NA	23:43		22:28	20:38	DNR	DNR		22:17	20:12	20:58				20:12	Lucas	Riley
Hassan	Keita	5:54	5:48	15:46	21:20	23:22		22:47	20:36	21:37	20:16		22:48	20:31	20:38				20:16	Hassan	Keita
Seth	Yoder	new	new	16:12	NA	22:47		22:56	22:14	22:09	22:53		22:25	20:32	21:03				20:32	Seth	Yoder
Connor	McDowell	7:16	6:36	DNR	22:00	23:47		DNF	21:41	21:31	DNR		22:25	DNR	20:48				20:48	Connor	McDowell
Andrew	Herreweyers				NA	25:14		23:42	21:03	DNR	DNR		22:01	21:34	20:57				20:57	Andrew	Herreweyers
Mike	Rew	ab	ab	15:45	19:26	22:31		21:32	20:20	DNR	DNF		21:33	20:39	20:43				19:26	Mike	Rew
Braeden	Clark	dnf	5:51	19:56	NA	24:58		22:55	20:06	21:24	19:37		21:29	20:40	20:33				19:37	Braeden	Clark

Trey	Clemons			19:31	NA	26:21		22:26	21:10	21:27	DNR		22:01	20:41	20:57			20:41	Trey	Clemons
Sam	Hagedorn	6:31	6:41	16:04	20:50	24:19		23:27	20:38	23:10	20:43		21:39	20:53	20:58			20:38	Sam	Hagedorn
Mack	Wilson				NA	ab		23:32	23:05	22:04	21:10		22:37	20:56	DNR			20:56	Mack	Wilson
Alex	Escorcica	ab	6:42	16:12	23:37	23:10		DNR	DNR	DNR	DNR		DNR	DNR	22:19			22:19	Alex	Escorcica
Elliott	Lewis	6:59	ab	20:49	20:47	25:34		23:21	21:25	22:45	21:37		22:36	21:37	21:27			20:47	Elliott	Lewis
Eli	Foster	7:24	8:57	20:00	NA	26:24		25:39	24:13	22:59	22:31		DNR	DNR	DNR			22:31	Eli	Foster
Noam	Morton	new	new	DNR	NA	30:59		DNR	28:11	24:30	22:57		23:19	21:49	22:35			21:49	Noam	Morton
Jack	Ayers	8:08	7:34	DNR	22:48	29:36		24:44	23:20?	23:24	21:43		22:38	21:51	21:49			21:43	Jack	Ayers
Elianno	Bowen-Burt	ab	6:49	21:11	NA	26:09		25:03	22:50?	23:49	22:37		23:52	22:04	21:49			21:49	Elianno	Bowen-Burt
Kent	Zdan	7:16	6:38	19:41	22:34	26:22		23:24	DNR	DNR	DNR		22:59	22:11	DNR			22:11	Kent	Zdan
Charlie	Pfohl	oot	oot	20:17	24:44	DNR		24:26	23:02	23:57	21:47		DNR	22:30	23:20			21:47	Charlie	Pfohl
Sam	Brown	ab	7:34	DNR	NA	28:47		27:30	23:00?	24:20	22:47		24:11	22:42	21:54			21:54	Sam	Brown
Brom	Leopold	7:12	7:10	20:35	25:59	27:37		26:03	24:02?	23:47	24:36		24:19	22:54	22:50			22:50	Brom	Leopold
Luke	Loecher	9:03	8:31	DNR	NA	30:15		28:03	26:14	27:12	25:11		24:59	23:26	23:14			23:14	Luke	Loecher
Jacob	Dixon	7:24	7:10	21:22	NA	32:46		26:50	DNR	DNR	DNR		27:02	25:07	25:38			25:07	Jacob	Dixon
Sage	Anson	8:14	dnf	DNR	NA	25:54		23:40	28:41	DNR	24:39		DNR	DNR	DNR			23:40	Sage	Anson
Lukas	Guetzko				NA	30:53		27:20	26:00	26:19	25:24		27:24	25:17	26:20			25:17	Lukas	Guetzko
Michael	Bender				NA	ab		DNR	DNR	DNR			DNR	26:45	DNR			26:45	Michael	Bender
James	Meggitt	8:41	oot	DNR	NA	30:11		DNR	DNR	DNR	26:37		29:01	DNR	DNR			26:37	James	Meggitt
Sean	Reardon	9:43	8:44	DNR	22:41	32:38		DNR	DNR	DNR			DNR	DNR	26:52			22:41	Sean	Reardon
Radley	Kenji				NA	33:08		DNR	DNR	DNR			DNR	DNR	DNR			NA	Radley	Kenji
Arav	Parandkar	ab	dnf	DNR	NA	35:21		DNR	DNR	DNR	26:44		28:19	DNR	26:43			26:43	Arav	Parandkar
Caleb	Coleman				NA	35:31		DNR	DNR	DNR	26:46		28:25	DNR	DNR			26:46	Caleb	Coleman
Izaiah	Hansen	ab	NA	DNR	21:13	DNR		DNR	DNR	DNR			DNR	DNR	DNR			21:13	Izaiah	Hansen