

Anamosa XC Invitational
9/22/18
62 degrees, sunny, beautiful

P	Athlete	Yr	Time
VARSITY			
14	CeCe Kelly-Harvey*	10	21:11
20	Lucy Corbin*	9	21:40
33	Aly Hecker*	12	22:12
37	Julianne Berry-Stoelzle*	10	22:21
41	Liza Sarsfield*	12	22:31
44	Julia Veit*	11	22:35
48	Maya Warren	10	23:00
JV			
3	Grace Parrott*	11	22:38
4	Amira LaVelle	9	22:41
7	Lottie Gidal*	12	22:59
9	Caroline Schaeckenbach*	11	23:04
10	Annika Veit*	9	23:05
14	Ana Van Beek*	10	23:26
18	Kenna Prottsman*	9	23:44
21	Sylvia Gidal*	11	23:50
25	Zoe Meaney*	10	24:06
28	Annalise Rummelhart*	12	24:17
29	Ella Hennager*	12	24:19
30	Harper Denniston*	10	24:24
36	Cora Becker*	9	24:40
42	Mai Hoang*	12	24:56
43	Keiko Radley*	9	24:58
47	Sophia Friton*	10	25:16
61	Madeline Pugh*	12	25:54
65	Georgia Corbin*	11	25:58
66	Melanie Tran-Duong*	10	26:02

70	Haileigh Steffen*	9	26:35
75	Hilda Hernandez*	9	26:43
77	Mae Barron*	9	26:50
81	Katherine Geerdes*	10	26:52
82	Alex Marsh*	11	26:57
83	Rachel Tornblom*	9	26:58
86	Lucie Brennan*	10	27:13
89	Shawna O'Malley*	12	27:22
90	Sonja Liebig*	10	27:32
100	Rachel Marsh	9	28:26
101	Madilyn Vitti*	9	28:27
103	Aubryn Kaine	11	29:11

100 runners in Varsity race, 126 runners in JV race

*= Season Best

Bold Name = PR (personal record)

Team Scores (Varsity)

- Solon - 82
- Davenport Assumption - 129
- Cascade - 130
- Springville-Central City - 131
- City High - 145**
- Monticello - 185
- 9 other teams

Team Scores (JV)

- City High - 33** record (39-3)
- DBQ Senior - 34
- Solon - 82
- 5 other teams

Coaching staff notes on next page...

Congratulations to the JV team for being team champions!!!
We finally got a beautiful XC weather type of day to compete, and we competed at a high level! There were a lot of Little Hawks that were aware of their place in the race and stayed competitive throughout! Our team scores reflected this, and it was so much fun watching our teams run fast, enjoy each other's company, and cheer each other on! There was a lot of energy and spirit the entire day, and it comes from great leadership from the seniors. We had a lot of PR's (18) and SB's (16) and you know that those come from your preparation and mindset through training. We are ready for some very cool things in October!

-On Your Wind, Do I Fly-